



Think Safe, Don't Waste

Wasted and unused medicines cost the NHS over £300 million every year which equates to 10% of the NHS drug spend. Across North Central London, this means £16 million is wasted each year.

Unused medicines cannot be recycled

- Once medicines leave the pharmacy they cannot be recycled or used by anyone else
- Your local pharmacy can safely dispose of unused medicines

Unused medicines are a safety risk

- Unused medicines kept at home are a safety risk for children and others who might try to take them

Not sure what your medication does or why you are taking it?

- Ask your GP or pharmacist to explain

Help us to cut waste

- Tell your GP or pharmacist if you have stopped taking any of your medicines
- When re-ordering your medicines, only tick those you really need
- If you need to go into hospital, please take all your medicines with you or a list of the medicines you are taking

**If you don't take it, don't tick it.
Unused medicines create waste.
Only order what you need.**

